# Perform and Leverage the Physical Examination for the Health of Your Patients and Practice

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#### Introduction: Why this matters to you!

- Essential for horses' health
- Important for practice recognition and growth
- A "door opener" procedure
- Minimizes professional liability

## **VCPR:**

- Definition
- implications

#### Equipment:

- Cost: minimal
- Senses: sight, smell, sound, feel
- Thermometer, stethoscope, penlight/flashlight
- Have available: AliveCor, ophthalmoscope, hoof tester and hoof pick

# **AAEP TOUCH PROGRAM:**

## **Pre-visit:**

- Signalment: name, age, color, breed gender
- Intended use
- Chronic condition(s)
- Recent problem(s)
- Current medications
- Hoof status
- Regulatory needs (Coggins test, health certificate, insurance examination, FEI Passport, vaccination certificate)
- Upcoming competition(s): "Do" and "Don't do"

#### Visit:

## Communicate!

- ASK!
- LISTEN > TALK!
- Chronic condition(s)?
- Recent problem(s)?
- Current medications?
- Hoof status
- Regulatory needs (Coggins test, health certificate, insurance examination, FEI Passport, vaccination certificate)?
- Upcoming competition(s): "Do" and "Don't do"

# Record:

- On-site
- Photos identification (brand, scar, markings), BCS, abnormalities
- Fillable pdf

## **Report:**

• "secured" pdf via email

# Wellness PE findings - Werner Equine LLC over 12 months (2014):

WELLNESS PE = 5 minutes

## **METABOLIC**

- PPID
- insulin resistance
- BCS extremes
- equine metabolic syndrome
- PSSM

#### **OCULAR**

- nuclear sclerosis
- cataract
- recurrent uveitis
- nasolacrimal duct occlusion

#### **BEHAVIOR**

- >>> EGUS
- >>> granulosa cell tumor

## CARDIOVASCULAR

- atrial fibrillation
- VSD murmur
- 2 degree AV block (problem at PPE)

## RESPIRATORY

- upper respiratory infection
- small airway inflammation

# **INFECTIOUS**

- dermatophilosis
- "scratches"
- dermatophytosis

# **NEOPLASTIC**

- · sarcoid
- melanoma
- SCC ocular & penile
- papilloma penile & aural
- pulmonary adenocarcinoma (FUO, poor BCS, exercise intolerance)

# **ORTHOPEDIC**

- poor farriery
- angular limb deformities
- laminitis
- DSLD

## **NEUROLOGIC**

- Horner's syndrome
- hindquarters ataxia

#### **MISCELLANEOUS**

- pinworm tail rub
- fever of unknown origin
- Culicoides hypersensitivity
- plant photosensitization (St. John's wort)
- umbilical hernia

## Resources:

- https://touch.aaep.org/
- https://www.bulbhead.com/atomic-beam-usa.html?hp=row3
- http://www.woodleyequipment.com/veterinary-diagnostics/general-products/veterinary-iphone-ecgmonitor-501-112-1338.php
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